

Traditional Tai Chi Cane

By Master Jesse Tsao

1. Opening Movement
2. Strike the Gong
3. Paddle Across the Lake
4. Grasping the Sparrow's Tail
5. Single Whip
6. Needle Poking Up
7. White Crane Spreads Wings
8. Brush Knee
9. Playing Guitar
10. Diagonal Flying
11. Deflect, Parry and Jab Cane
12. Dragon Swirling Tail
13. Needle Hiding in the Curling Lotus Leaf
14. Wrap Cane Around Head
15. Fair Lady Works Shuttle
16. Circle Sweep, High Pat on Horse
17. Wild Horse Kicks Out Hoof
18. Blue Dragon Out of Water
19. Part Wild Horse's Mane
20. Apparent Close
21. Single Whip
22. Cloud Hands
23. Single Whip
24. White Snake Flicks Tongue
25. Cross-Over Cane Hit
26. Push Boat along the River
27. Circle the Lasso
28. Flash Arms
29. Whacking Strikes
30. Cat Pounces on Mouse
31. Taming Tiger
32. Cane Whacks Head
33. White Tiger Sweeps Tail
34. Cane Guards Heart
35. Point a Way Out
36. Closing Form

