

氣功

Qi Gong

Qigong

Chi Kung

Chi Gung

ch'i kung

Qi
Pot Lid — 气 — Steam / Vapor
Rice Cooking — 灬 — Stove

Qi or **Chi** = vital energy, lifeforce, air, breathe

Gong or **Kung** = cultivation, work

Qigong = the art of cultivating vital energy

氣 = 气 + 米