

Sun 73

1. Commencement Form (45 L)
2. Leisurely Tying Coat (R)
3. Opening Hands
4. Closing Hands
5. Single Whip (L)
6. Lifting Hands
7. White Crane Flashing Wings
8. Opening Hands
9. Closing Hands
10. Brush Knee & Twist Step (L)
11. Playing the Lute
12. Step Forward to Deflect Downwards, Parry & Punch
13. Apparent Closing Up
14. Carrying the Tiger & Push the Mountain
15. Opening Hands
16. Closing Hands
17. Brush Knee & Twist Step (R)
18. Leisurely Tying Coat (R)
19. Opening Hands
20. Closing Hands
21. Single Whip (Back L)
22. Punch Underneath Elbow
23. Repulse Monkey (L)
24. Repulse Monkey (R)
25. Brush Knee & Twist Step (L)
26. Leisurely Tying Coat (L)
27. Opening Hands
28. Closing Hands
29. Single Whip (R)
30. Waving Hands Like Clouds (R)
31. Higher Horse (Step Back R Foot)
32. Toe Kick (L)
33. Toe Kick (R)
34. Step on Firmly to Punch Downwards (R)
35. Turn Body Double Kicks
36. Turn Diagonally to Subdue the Tiger (L)
37. Heel Kick (L)
38. Turning Body & Kicking with Heel (R)
39. Step Forward to Deflect
40. Apparent Closing Up
41. Carrying the Tiger & Push the Mountain
42. Opening Hands
43. Closing Hands
44. Brush Knee & Twist Step (L)
45. Leisurely Tying Coat (L)
46. Opening Hands
47. Closing Hands
48. Diagonal Single Whip (R)
49. Parting Wild Horse's Mane
50. Leisurely Tying Coat (R)
51. Opening Hands
52. Closing Hands
53. Single Whip (L)
54. Waving Hands Like Clouds (L)
55. Waving Hands Like Clouds & Lowering Movement
56. Golden Cock Standing on One Leg (R/L)
57. Fan Back
58. Fair Lady Working at the Shuttles
59. Higher Horse
60. Cross Hands & Patting Foot
61. Forward Step to Punch Crouch
62. Lively Step & Leisurely Tying the Coat
63. Opening Hands
64. Closing Hands
65. Single Whip (L)
66. Single Whip and Lowering Movement
67. Forward Step Seven Stars
68. Backward Step Riding Tiger
69. Turn Body – Lotus Kick
70. Drawing Bow to Shoot Tiger
71. Double Forward Punch
72. Yin and Yang Merging Into One
73. Closing Form



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